



2023 Salem Scriptures

March Issue
Salem UMC
2057 Salem Road
Virginia Beach, VA 23456
757-471-2406



LENTEN CLUSTER SERVICES

MARCH 2023

5:00 PM / Potluck Dinner & Fellowship

6:00 PM / Evening Holy Communion Service

February 26/ Oak Grove Baptist / Pastor Kevin Milcarek

March 5 / Salem UMC / Pastor Chuck Moseley

March 12 / Back Bay Christian Assembly Church / Pastor Christa Springstead

March 19 / Tabernacle UMC / Pastor Stephen Lee

March 26 / Charity UMC / Pastor Nancy Vaughan

Altar Flower Sign-Up Chart

A new 2023 flower chart is up in the Narthex. Sign up for your special dates: birthdays, anniversaries, memorials, or just because. Bring your flowers in on Sunday morning, they can be store bought or from your garden. Contact Evelyn Swanberg at 757-471-4957 or more information.

March MEETINGS

Finance and Church Council

March 20, 2023 at 6:00 pm

**The Quilters meet on
Wednesdays
in the Quilt Room from
10:00 a.m.—2:00 p.m.
Bring a fellow quilter, your lunch,
your needle/thread,
and join this happy group!
We have great discussions,
laughs,fellowship, and truly enjoy
our time together!**

MARK YOUR CALENDAR

Saturday, March 4, 2023 @ 8:00 am

UMM Breakfast in the Social Hall

Sunday, March 5, 2023

Lenten Cluster / Salem UMC

Sunday, March 12, 2023

Lenten Cluster / Back Bay Christian Assembly

Sunday, March 19, 2023

Women of Faith meeting in the Adult SS Class

Lenten Cluster / Tabernacle UMC

Monday, March 20, 2023 @ 6:00 pm

The Finance/Church Council will meet in the Social Hall

Sunday, March 26, 2023

Lenten Cluster / Charity UMC

March 31—April 2...Quilters Retreat



March Anniversaries

3/17 Jonathan & Rachel Jones

WELCOME to our VISITORS

We are so very glad you have chosen to worship with us here at Salem UMC.

We would love to get to know you better!

Perhaps you have a desire to become part of the church family here.

Pastor Nancy will contact you if you like and set up a time to get together for coffee or lunch.

Of course, you may contact her (leave a message) at 757-630-7136.

March Birthdays

3/1 Anna Cerrahyan

3/1 Lori Reddy

3/2 Michelle Stretar

3/3 Jason Higgins

3/11 Teresa Howe

3/17 Monica Slater

3/18 Matthew Maxvill

3/23 Evelyn Johnson



A typical Wednesday for SUMC Quilters! Quilting from 10-2, with lunch from noon to about 12:30. Sharing stories, recipes, laughs and fellowship. All welcome. **QUILTERS RETREAT / MARCH 31-APRIL 2**



**The United Methodist Men
will meet in the Social Hall for
breakfast on Saturday,
March 4, at 8:00 am.
Come enjoy some Christian
fellowship and delicious food.**



**The UMW will meet in the Adult
Sunday School class following the
service on Sunday, March 19.**

HISTORIC PICTURES

Merium Hutchison,
Frances Bradberry & Blenda Brush
Salem UMC

*“A day spent Quilting is a
wonderful day!”*

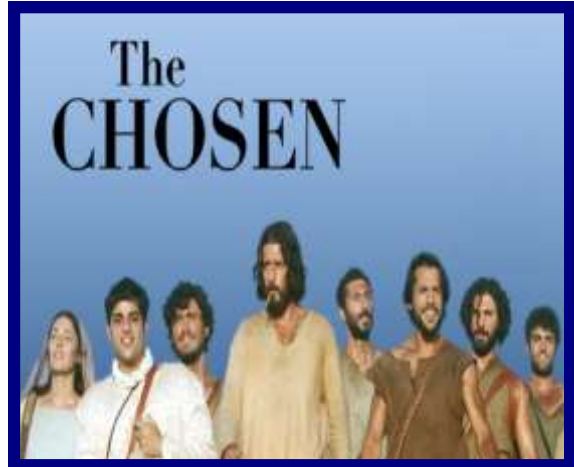


PASTOR'S PEN

A word from the heart

Rev. Nancy Vaughan

SUNDAY BIBLE STUDY / We are continuing the study of The Chosen, Season 3. Class is held on Sunday mornings at 8:30 am in the Fellowship Hall. All are welcome. Coffee and Pastries served!



CHURCH CHUCKLE

The Presbyterian church called a meeting to decide what to do about their squirrel infestation. After much prayer and consideration, they concluded that the squirrels were predestined to be there, and they shouldn't interfere with God's divine will.

At the Baptist church the squirrels had taken an interest in the baptistery. The deacons met and decided to put a water-slide on the baptistery and let the squirrels drown themselves. The squirrels liked the slide and unfortunately, knew instinctively how to swim, so twice as many squirrels showed up the following week.

The [Lutheran church](#) decided that they were not in a position to harm any of God's creatures. So, they humanely trapped their squirrels and set them free near the Baptist church. Two weeks later the squirrels were back when the Baptists took down the water-slide.

The Episcopalians tried a much more unique path by setting out pans of whiskey around their church in an effort to kill the squirrels with alcohol poisoning. They sadly learned how much damage a band of drunk squirrels can do.

But the Catholic church came up with a very creative strategy! They baptized all the squirrels and made them members of the church. Now they only see them at Christmas and Easter.

And not much was heard from the Jewish synagogue. They took the first squirrel and circumcised him.

Please send any church event pictures to salemumcvb@gmail.com to include in our newsletter. We love to see your smiling faces!!

2023 Salem UMC SOUPER BOWL / CHILI Cook-off!

What an amazing turnout. Lots of delicious chili, sides and desserts. The best part was all the fellowship. Let's just say **"thank you"** to all the church members and visitors who outdid themselves.



From the top row, left to right...Gordon Tabor, John & Lori Reddy, Bill Waldeck, John, Morgan and Kobe deGuzman, Jim Becker, Evelyn Swanberg, Norma Benscoter.

Middle row: Matthew Maxvill, Peggy Roberts, Rachel Jones

Bottom row: Pastor Nancy's family joining in the fun and topping off a special "Souper Bowl" Sunday!

Pat Kennedy, Matthew Maxwell, Keri and Hanna / Pictures from Germany



Spaghetti Pie Recipe

- 1 lb Cooked Spaghetti
- 2 Tbs Margarine
- 3 Eggs
- 1 cup+ Parmesan Cheese
- 24 oz Cottage Cheese
- 32 oz Spaghetti sauce (Ragu, Thick & Zesty)
- 1 lb Ground beef, browned
- Preheat oven 325 degrees
- **Spray two 9X13 pans with cooking spray

1

- Combine cooked spaghetti, margarine, eggs & parmesan cheese and spread in pans
- Add cottage cheese layer on top
- Mix sauce and browned ground beef and spread on top
- Sprinkle with more parmesan cheese on top
- Bake 30 minutes.

**Note: Recipe makes two pans. You could make only half of recipe...OR make full recipe and cover one with aluminum foil before baking, place in freezer. Then I have another meal ready to cook and have at another time!

2